



# The Bellringer

St. Luke's Episcopal Church Sequim, WA May 2011

St Luke's Episcopal Church  
525 N. Fifth Street  
Sequim, WA 98382  
360-683-4862  
  
stlukes@olypen.com  
www.stlukessequim.org

## Inside the May issue..

<i>Sarah Godsey Update</i>	2
<i>Father Bob</i>	3
<i>Military Quilts</i>	4
<i>Prayer Concerns</i>	5
<i>Announcements</i>	6
<i>Calendar</i>	7
<i>Book Corner</i>	7

## 2011 Vestry Retreat

The Vestry met on Friday evening, April 1st and all day Saturday April 2nd to develop our leadership skills, learn to work more effectively as a team, and set goals for the coming year. Vestry members Virginia Reker, Bill Chisham, Carol Francone, Kara Selby, Ardyth Schaumberg, Richard Hempel, Leroy Martin and Candy Olmer, together with Father Bob, met with facilitator Ed Doll from the College of Congregational Development at the home of LeRoy and Lorraine Martin. Thanks to our facilitator, we were able to think deeply and prayerfully about St.

Luke's, its people, and its role in our community. Out of many possible goals that we could set for the Vestry, we selected the following two, to be completed by February 2012:

1. Complete job descriptions, draft letters of agreement, and develop evaluation forms for employees of St. Luke's, and finalize contracts for custodial duties, landscaping and Parish Hall floor maintenance with outside contractors.
2. Take concrete steps to facilitate the healing and reconciliation of all Vestry members and all other members of St. Luke's. Among other things, there will be healing services at both the 8 AM and 10 AM Eucharist services on May 1st, 2011.

*Thanks to our facilitator, we were able to think deeply and prayerfully about St. Luke's, its people, and its role in our community.*

Thanks, LeRoy and Lorraine, for letting us meet at your lovely home!

Virginia Reker, Sr. Warden



## Our Mission Statement

*"St. Luke's is an inclusive Christian community dedicated to spiritual growth, healing and compassion through our worship, hospitality and ministry to the larger community."*

## Sarah's Excellent Adventure

About a year ago, *The Bellringer* reported on a presentation by climate scientist Sarah Godsey, daughter of our own Richard and Pamela Godsey, on her research into the affects of climate change on the Arctic landscape. At the invitation of St. Luke's Committee on Environmental Concerns, Sarah told us of her plans to spend the summer in northern Alaska as part of an interdisciplinary team studying thermokarsts; that is, permafrost degradation and changes in landscape features that result from the melting of ground ice. She told us then that, while evidence of arctic climate warming, and increased incidences of thermokarst formation are apparent, their effects on aquatic ecosystems are not well understood.



*Sarah, third from right, with some of her colleagues at the Toolik, Alaska Field Station*

Several parishioners who attended the presentation last Spring asked us to do a follow-up article on Sarah's work. We caught up with her in early April while she was on the Peninsula for a brief visit with her family.

Sarah spent a good part of her time in the field studying thermokarsts at fire damaged lakes to see if there were measureable affects on water chemistry and ground col-

lapse. It seems that lighting-induced incidents of fire are happening more frequently in the Arctic region, as warmer and drier conditions persist. While there is some indication that shoreline retreat and sediment transport are slowing generally, fire-affected areas show different effects. Publication of the project team's findings, in collaboration with Penn State University, are "in the works."

### Investigating Climate Change in the (Not-so-Frozen) North

By the time you read this article, Sarah will be just about ready to leave for another Arctic field research assignment to look at climate change impacts on polar and moun-

tain areas. She will be going-up north a bit earlier this time so that she can study the maximum effects of snowmelt in these regions. This work is especially important to us here in the west, as we depend heavily on mountain stream runoff for most



of our water supplies. She'll keep in touch with the outside world, as before, through email and Skype. Also as before, the accommodations will be pretty basic (that means tents), but she assures us that the food service is quite good. All of your friends at St. Luke's wish you a safe journey, Sarah!

*If you'd like to watch an incredible sequence of still images of a thermokarst at Alaska's Horn Lake during the summer of 2010, see the You Tube video link at [thermokarst.psu.edu](http://thermokarst.psu.edu).*

## From Father Bob

### From the Bell Choir...

On May 1, ringers will accompany the vocal Choir in a special Easter anthem. On May 15, the full Bell Choir will play two pieces.

We plan to continue preparing music for summer and fall. Additional ringers are welcome to join us. Some of the regulars will be on vacation in July and we need to fill their spots. I am still interested in starting a beginner's group. Give me a call at 461-7019, or just show up on Monday afternoons at 3:45.

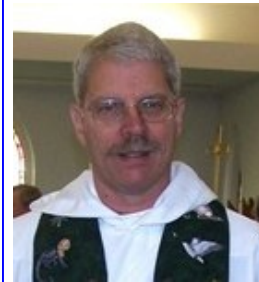
Valerie Lape



- 3 Brian Gregory
- 5 Jeff Kenyon
- 7 Dianne Onnen
- Mary Falhgren
- 9 Sue Clary
- 17 Ardyth Schaumberg
- 22 Tracy Williams
- 23 Bill Murphy
- 24 Glenn Terrell
- 26 Dean Kennedy
- Bob Van Vorst
- Robert Gates
- 28 John Morton
- Galen Yanagihara
- 29 Cathy Sneath

The other day during both the 8:00 and 10:00 services I found myself looking out on the congregation at the people who call St. Luke's their spiritual home. The first thing I noticed is how many new people are members of our Parish. The second thing I noticed was that almost all of us have the same color hair. Beyond that, the differences are remarkable. People from every-part of the country find themselves drawn to this area for many different reasons. Their spiritual backgrounds are often just as unique, and their spiritual journeys often reflect lives of change and growth. From large cities and remote locations, mission churches and cathedrals, the people of St. Luke's are about as diverse as you will ever find in a congregation.

The challenge of ministry in this place is not unique. Virtually every Episcopal church in the country is facing the same challenge of ministering to an increasingly diverse congregation.



Not only are people from different backgrounds and areas; they run the spectrum of thought and belief as well.

There are two aspects of ministry in this environment which are of paramount importance. The first is to remember the common ground which brings us together as a church. We are here in response to God's call. Each week we remember our foundations as we participate in the Eucharist, and we find that this church's expression and experience of Christianity allow us both a rich and full means to live out our faith.

It is also of great importance that we recognize and appreciate our differences. Not everyone sees things as I do, and the lessons I learned in kindergarten, to share and cooperate with others, are essential for life in this community. Gifts of listening, under-

*Continued on back page*

## from the **New Altar Guild Book**



*Give me an open mind, O God, a mind ready to receive and to welcome such new light of knowledge as it is thy will to reveal to me. Let not the past ever be so dear to me as to set a limit on the future. Give me courage to change my mind when that is needed. Let me be tolerant to the thoughts of others, and hospitable to such light as may come to me through them, Amen.*

*John Baillie*

## Special Thanks...to the Military Quilt Ministry



DEPARTMENT OF VETERANS AFFAIRS  
Puget Sound Health Care System  
1660 South Columbian Way  
Seattle, WA 98108-1595

March 30, 2011

St. Luke's Episcopal Church  
Military Quilters Group  
525 N. 5th Ave  
Sequim, WA 98382

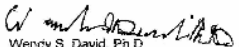
Dear Military Quilter's Group:

On behalf of the Women's Trauma and Recovery Center of the VA Puget Sound Health Care System, I want to personally thank you for the generous donation of beautiful hand-made quilts you have provided to our women veterans. These quilts have brought comfort, joy, and pride to the women who have so selflessly served our country and have helped them as they progress through the healing process.

The Women's Trauma and Recovery Center treats women veterans who sustained trauma while serving in the military. Your support of these women deeply touches the hearts and souls of our patients and reminds them that their efforts are not forgotten. Your kind and thoughtful gift to our women is truly appreciated by the veterans and staff alike.

Again, many heartfelt thanks to your entire group.

Sincerely,

  
Wendy S. David, Ph.D.  
Staff Psychologist, VAPSHCS Seattle  
Women's Trauma & Recovery Center  
Clinical Associate Professor, UW  
(206) 277-1524 (w/vtm)  
(206) 754-2293 (fax)  
wendy\_s.david@va.gov

Last month, the Military Quilt Ministry sent a number of brightly-colored quilts to the Seattle VA Women's Trauma and Recovery Center (WTRC). The quilts were shown in the April *Bellringer*. The letter of thanks at left was sent by the Center's staff; the patients received them joyously.

The WTRC is a unique program specifically designed for women in recovery from injury or substance abuse. They provide a safe atmosphere in which female veterans can receive treatment for traumatic stress related to military service, including PTSD, depression and other mental health problems.

The number to call for more information about the WTRC and its programs is 206-277-6303

## Vestry Dialogue

This introduction represents the first in a new series to appear in *The Bellringer*. The Vestry will use this space to inform the Parish of its on-going workings and decisions on a regular basis.

Your recently elected Vestry (including 4 new members) met with a facilitator of the Diocese of Olympia on April 1st and 2nd for its 2011 Retreat. Mr. Edd Doll reviewed several items of interest, including suggested models for leadership groups, Team Building, the Life Cycles of Organizations, and the important subject of Mutual Ministry Review. We examined St. Luke's strengths, weaknesses, opportunities, and challenges – both currently and for the foreseeable future. Finally, we explored the topic of "Goal Setting", and settled on concentration on two primary ones for the Vestry for 2011. More on those in future months. (See related story on page 1—ed.)

The Vestry has faced a very hectic and challenging start to 2011, and now that we believe we have our "feet-on-the-

ground", it is our intention to try to better communicate our role and leadership vision to all in the congregation.

Our fervent hope and desire is to be guided by God in our leadership mission for your church, and to act in an open, responsible, and loving way as taught to us by our Lord, Jesus Christ.

Regards & Blessings,  
*Richard L. Hempel*

## Ministries & Ministers of St. Luke's

Rector	Rev. Robert Rhoads	
Senior Warden	Virginia Reker	
Junior Warden	Bill Chisham	
Clerk	George Alkire	
Treasurer	Jim Reker	
<b>Vestry</b>	Kara Selby	LeRoy Martin
	Candy Olmer	Ardyth Schaumburg
	Peter Loeb III	Carol Francone
	Richard Hempel	
<b>Convention Delegates</b>	John Junell	
	Lynn Cain	
<b>Alternates</b>	Jean Hicks	
Acolytes	Candy Olmer	683-6861
Adult Education	Bob Rhoads	683-4938
Altar Guild	Karen Junell	683-6410
Bazaar Workshop	Roberta Grisot	681-0962
	Kay Schiller	683-0972
Bell Choir	Valerie Lape	582-9003
Boar's Head	Valerie Lape	
Bread Ministry		
Choir	Lorraine Martin	417-6898
Columbarium	Bill Chisham	582-1598
Cursillo	Christine Hill	582-0989
	Roger Uhden	681-7450
	Lyn Michalski	681-3556
Daughters of the King		
Environmental Concerns		
Flower Ministry	Susan Ayer	681-8528
Foyer Groups	Ardyth Schaumburg	681-7560
Garden Project	Rich Olmer	683-6861
Helping Hands	Jean Hicks	681-3248
Light Lunch	Kara Selby	683-2895
Library	Nancy Jones	582-0900
Little Sisters of St. Clare	Sister Mary Agnes	683-7048
Military Quilts	Barbara McCauley	797-2106
Men's Club	Roger Uhden	681-7450
Music Live with Lunch	Carolyn Braun	452-0495
Newcomers		
Organist	Lorraine Martin	417-6898
Outreach	Candy Olmer	683-6861
Prayer Chain	Dottie Nicassio	681-8048
Publicity	Candy Olmer	683-6861
Quilt Ministry	Tracy Williams	461-1483
Sunday School	Ted Bedford	683-6376
Stewardship	Jim Reker	681-5363
Taize	Pam Bedford	683-6376
Ushers	8 am Jim Grau	683-3931
	10 am Rich Olmer	683-6861
Women's Spiritual Group	Sue Clary	683-3552
Worship	Janet Martin	683-5418

## St Luke's Community Prayer Concerns...

### *For our Parishioners..*

Maxwell Anderson	Carolyn Hempel
Sheila Cope	Bridget Moore
Eleanor Cutsforth	Elsa McBride
Don Newberg	Cathy Sneath
Frank & Jean Greenwell	Tom Santos
Esther Round	Nancy Carrere*

\* If you would like to write to Nancy, please ask the church office for her address.

### *For Family and Friends...*

Mary Marzke (Braun)	Ray & Jane Apple
Bea Jackson, Nancye, (Round)	Sasha Kelly (Bridget Moore)
Josh, Leslie, Erin, Rebekah (Schmidt)	Malcolm & Priscilla Dunn
Paul Pederson, Mary Bogaert,	Carl Pearson, Kathy Sands (Evans)
Dan & Jan Heming, Anne Kernott (MacDonald)	Robert Sherrod
Kave & Joyce Sauers	Katrina Howell (Slyh)
Bob (Jane)	Barbara Crandell
Lorraine LeGlaire	Yolanda Brandon
Kevin Neilson	Bob Rae
Harry & Mary Jo Goldsmith	Matt Neal
Kyla Burt	Ann Hood
Colin (McCrudden)	Ginger (Hicks)
Pam Sekaros & Bill Hoxsie;	Judy Easley
Bill and Sue Culver;	Deven (Chisham)
Chris Payne (Sell-Lee)	Suzanne Simmons (Greenwell)
Kit Moore	Dean Fusco (Rocheleau)
Brigitte Buckley	Penelope, Jack & Louise (Cutsforth)
Arlene Brewer	
Randy and Tim (Sally Sue)	
Shirley Kitpatrick	
Vicki Rynd & family	
Melinda Nobe	
Charla Sowden	
Mary Waite	
Holly Pierce	
Phyllis Bailey	
Edith & Susan (Godsey)	
Larry Watters	
Penny Tremplin (J Shell)	
Pari Gill	
Sue Petrie	
David Riley (P. Whisner)	
Elizabeth Cisneros	

*If there are names that can be taken off this list, or added to it, please let Diane know. We would like to keep it up to date*

## Announcements and Reminders

### ST. LUKE'S RELATED - COMPUTER FILES

Anyone with Policies, Data files, Records, and other materials pertaining to St. Luke's on their home computer — please copy them to a disc or USB storage device and give it to Fr. Bob for download to the church's computer. He would like to keep a copy of all such documents at the church for future reference. The Policies, Data and Records can be revised at home at any time and an updated disc or storage device provided to Fr. Bob periodically to update the church's records.

Doing this will ensure that the church has access to all pertinent information when needed.

Thank you.

*Virginia Reker, Sr. Warden*

*Thank you!*

*... from the Bazaar Workshop*

Thank you for supporting our Spring Sales. We hope you enjoy your purchases.

We continue crafting items throughout the year for sale at our annual Holiday Sale in November, but from time to time will have these small sales for our St Luke's members to enjoy.

We encourage any of you to join us. Its a fun group, and we strive for fellowship whilst raising monies for support of our 'much used' kitchen and other projects.

We would also like to encourage you to let us know if you have any ideas for us to incorporate in our crafting.

We want to keep it fresh and interesting, yet still cover some of the tried and true items. Let us know your ideas and suggestions.

*Contacts:* Chairperson - Roberta Griset #681-0962

Co-Chair - Kay Schiller #683-0972



*Music Live*

*With Lunch!*

On May 17, Music Live with Lunch is honored to present our own Lorraine Martin in a concert of piano music. Lorraine has been passionate about creating, performing, and sharing the joy of music her entire life. She studied piano at Julliard and has performed piano solos across the United States as well as abroad. She has served on the Board of Directors of the St. Paul Chamber Orchestra and the Port Angeles Symphony, and has appeared as soloist with the Port Angeles Symphony Orchestra. As a high school choral music teacher in St. Paul, MN public schools, her choirs consistently won the highest possible awards and top prizes in various national contests.

Lorraine will be performing selections from the Suite III by Bach, Sonata No. 3 by Prokofiev, and the Premiere Ballade by Chopin. Tickets for this concert are available in the office and will be on sale after both services starting Sunday, May 1. The ticket price, which includes both the concert and lunch is \$9.00 thru Sunday, May 15, and \$10, after that date. We will probably sell out quickly. Be sure to buy your tickets early!

Recurring Events

**Sundays:**

8am Holy Eucharist, Rite I  
 10am Holy Eucharist, Rite II  
 Sunday School

**Mondays:**

10am Bazaar Workshop  
 3pm Service at the Lodge  
 3:30pm Bell Choir

**Tuesdays:**

8am Eucharist w/sermon  
 10am Staff Meeting  
 3:30pm Choir Practice

**Wednesdays:**

10:30am Dead Sea Scrolls  
 Noon Mid-week Eucharist

**Thursdays:**

8:30am Bible Study  
 10:30am Bible Study  
 11:30am Centering Prayer

**Saturdays:**

11:30am Light Lunch

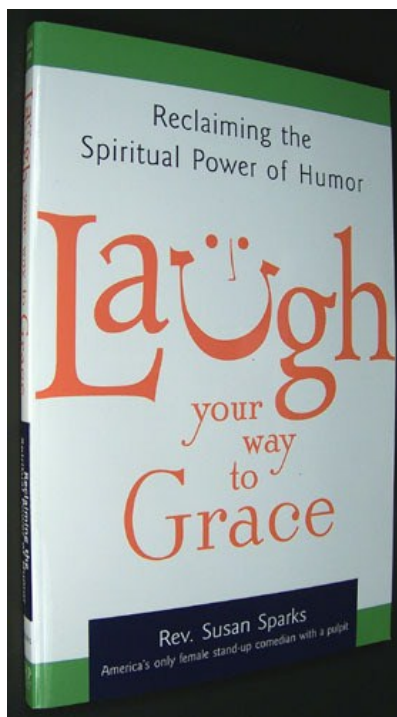
Special Events at St. Luke's for

May 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>9am Pancake Breakfast</i>	2	3	4	5	6 <i>11am Little Sisters of St Claire</i>	7
8 <i>Food Bank Sunday</i>	9	10	11	12	13	14 <i>9am—Bell Choir practice</i>
15 <i>10am Bell Choir Practice</i>	16	17 <i>Noon—Music Live with Lunch 2:30pm - Liturg. Plang.</i>	18 <i>3pm—Vestry Mtg</i>	19 <i>11:30am Military Quilts</i>	20	21
22	23 <i>9:30am -helping hands</i>	24 <i>9am—Women's Spirituality</i>	25 <i>4:00pm—Taize Svc.</i>	26	27	28
29	30	31				



Book Corner



Laugh Your Way to Grace by Rev. Susan Sparks

This was not my typical Lenten book choice, and yet reading it deepened and expanded my spiritual life in unexpected ways. Rev. Sparks describes herself as a female stand-up comedian with a pulpit. She calls us to combine humor and the sacred, describing laughter as the GPS system for the soul. One statement, “faith without laughter leads to dogma, and laughter without faith to despair”, spoke to my heart. Mainly, though, I just laughed my way through a book which encourages us to give up the old image of a stern fearful God.

Pamela Godsey



Published Monthly by  
**St Luke's Episcopal Church**  
525 N. Fifth St.  
Sequim, WA 98382

**Phone: 360-683-4862**  
**E-mail: stlukes@olypen.com**  
[www.stlukessequim.org](http://www.stlukessequim.org)

**Worship and Study**

**Sundays:**

**8am Holy Eucharist, Rite I**  
**10am Holy Eucharist, Rite II**  
**Sunday School**

**Mondays:**

**3pm Service at the Lodge**

**Tuesdays:**

**8am Eucharist w/sermon**

**Wednesdays:**

**10:30am Dead Sea Scrolls**  
**Noon Mid-week Eucharist**

**Thursdays:**

**8:30am Bible Study**  
**10:30am Bible Study**

**From Father Bob**

*(Continued from Page 3)*

standing, and adaptability are particularly significant in a true church community and we are uncommonly blessed with people whose experiences in life have equipped them for the challenge of genuine fellowship. St. Luke's is not a loving, caring place by accident; it is because we celebrate God's love for us in our differences and because we choose to share that love with those around us.

---

St Luke's Episcopal Church

525 N. Fifth Avenue

PO Box 896

Sequim, WA 98382

Non-Profit Organization

US Postage Paid

Sequim, WA

Permit No. 42

**RETURN SERVICE REQUESTED**

---